



50th Annual Convention & MAHO Expo Register Today

Hilton Columbus At Easton
3900 Chagrin Drive, Columbus, Ohio 43219
(614) 414-5000

Group Name: Mid-American Health Organization
Group/Convention Code: 930
Group Rate: \$186.00/night + tax valid before 6/19

- Registration for the 2026 MAHO EXPO is here! July is the time. The Hilton Columbus at Easton is the place!
- This is your GOLDEN OPPORTUNITY to network in person this summer and catch up on what is new since we last met.
- Don't miss out on this exciting week of fun! Take advantage of everything the MAHO Expo 2026 exhibiting companies are offering!
- Please join us for an exciting weekend of excellent education, show specials & discounts, games, prizes and Giveaways Galore! Enjoy fabulous food, friendship and FUN while helping us celebrate MAHO's
- Our Loyalty Exhibitors are BACK, and we are WELCOMING many NEW companies to our MAHO Family! MAHO is the best place in the Midwest to network with your industry peers. Where else can you see over 100 industry companies in one place and get a mini-vacation with family and friends at the same time? MAHO, that's where!!!

Please turn the page to see what's in store for you at:

MAHO's Annual "Summer Splash" Convention & MAHO Expo
July 24-26, 2026

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Friday, July 24, 2026



Noon - 4:30 pm.: Lunch and Intensive Workshop

Part 1: "4 Easy Steps to Get Pain Free (While Doubling Your Energy Level)" - **Dr. Jacob Teitelbaum, MD**

Part 2: "Brain or Body: The Role of Hormones in Mental Health" - **Cheryl Myers, RN, BA**

Courtesy of Terry Naturally/EuroPharma



5:00 – 7:00 p.m.: Dinner and Seminar, Neil Levin

"Healthier Aging – Thrive Through the Years"

Courtesy of NOW



7:00 - 8:15 p.m.: NightCap Presentation, Tom Dadant, National Science Educator & Herbal Storyteller

"The Magnificence of Mushrooms - Have we been asking the wrong question?"

Courtesy of Host Defense

Saturday, July 25, 2026



8:00 – 10:00 a.m.: Breakfast and Seminar, Matt Peterson, Owner and Formulator

"Foundational Healthy Aging, Immune Support, and Cellular Rejuvenation"

Courtesy of Nutri Supplements



10:15 – 11:30 a.m.: Tim Prince, Chief Sales & Marketing Officer

"Histamine: Villain or Vital? Unmasking the Neurotransmitter That Runs Your Life"

Courtesy of OmneDien



11:45 – 1:00 p.m.: Stacey Littlefield, Master Herbalist

"Before the Shot: Natural Alternatives to GLP-1s for Menopausal Women"

Courtesy of Redd Remedies



1:00 - 3:00 p.m. Lunch and Seminar, Carl Germano

"Beyond the Gym: How Gut Health Fuels Movement, Recovery & Longevity"

Courtesy of Bluebonnet



6:15 – 8:15 p.m. Dinner and Seminar, Dr. Tom Bayne, Chiropractic Physician with over 25 Years in Functional Medicine

"The Importance of Probiotic Diversity in the Microbiome"

Courtesy of Just Thrive

8:30 – 10:00 p.m. President's Reception

Sunday, July 26, 2026



9:30 – 11:30 a.m.: Breakfast & Seminar, Christi Bandy Willard, Zach Morehouse, Dr. Jay Wilkins, Rich Funk, Kelly Miller, Marie Montemurro

"Stronger Together: Building Bonds for Independent Retail Resilience in the Natural Products Industry"

Courtesy of Mountain Alternatives, Act Natural, Bionox, BoomChaga, Health Hut and Lovey's

Saturday Show Floor Open: 3:00 - 6:00 p.m.
Sunday Show Floor Open: Noon - 4:00 p.m.

Sunday Annual Business Meeting - MAHO Board of Directors: 9:00 - 9:30 a.m.
Sunday Prize Drawings (Easton Foyer): 4:00 - 4:30 p.m.

MEAL RESERVATION FORM

50th Annual Summer Splash Convention & MAHO Expo - July 24-26

Print Store Name/Address, City, State, Zip/ Phone and Email

Please print clearly for badge preparation, including name to appear on badge and check all meal functions you will attend.

Badge Name (first & last)	Friday Lunch	Friday Dinner	Friday Nite Cap	Saturday Breakfast	Saturday Lunch	Saturday Dinner	President's Reception	Sunday Breakfast	Sunday Boxed Lunch	Dietary Preferences			
										G	D	V	VG
		Nite Cap											

Everyone MUST be registered and wearing a MAHO Badge to all functions. All pre-registered attendees may pick up badges at Registration desk.

ADVANCED RESERVATIONS required for all meal functions.

No refunds will be issued at the show. Cancellations must be received in writing by July 1, 2026

Annual Membership Dues \$95.00 (Additional Corporate Stores \$35.00).

Annual Dues may be submitted with reservation form.

Nonmember Badge and meal fees must be submitted with meal reservation form.

***Fri. & Sat. Lunch \$34.00**

***Fri. & Sat. Dinner \$60.00**

***Sat. & Sun Breakfast \$40.00**

If you register more than 6 attendees, please duplicate this pdf and type in the fillable fields before submitting

Please download this form from your email to your computer desktop.

Complete the fillable sections by TYPING directly into the form. Save the form and reattach it to an email:

Mail this form to:

MAHO
7219 Sawmill Rd. Ste 105-A
Dublin, OH 43016

Or Email To:

marcy@maho4health.org
diane@maho4health.org

Or Fax To:

614/798-1118

Or Call:

800/795-6246

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2026 MAHO Expo and “Summer Splash” Convention

July 24-26 • Columbus, Ohio

The Hilton Columbus at Easton has been selected as the host hotel for our July 2026 Convention. Please use the following information when making your reservation.

Group Name: **MAHO / Mid American Health Organization**

Group Code: **930**

Group rate: **186.00** (per night + tax)

Dates Group Rate Applies: **JULY 23 - 27, 2026**

Reservations made after **6/19/26** will be subject to availability and higher rates.

Guest room types are not guaranteed, but can be requested. Rooms have either two Queen Beds or one King Bed. Any requests for connecting rooms are also based on availability. All rooms are non-smoking. If mailing this request to the hotel, please complete:

Arrival Date: _____ Departure Date: _____

of Adults _____ # of Children _____

Name _____

Address _____

Credit Card for Guarantee _____ Exp/CV _____

Telephone # _____

Additional Notes or Room Type Requested: _____

We have received numerous fraudulent emails promising to book your room for “MAHO”. If an email doesn’t come from Marcy or Diane it is not a legitimate offer. Additionally, please remember you are not guaranteed the show rate when booking with online “sponsored” sites. (Many of these sites are 3rd party sites with no flexibility should your plans change, and will often NOT offer the MAHO Group Rate.)

2026 MAHO Expo reservations link → [MAHO Expo 2026](#)

If your attendees prefer to call-in and book their rooms, they may do so by calling (614) 414-5000 and providing your 2026 Group Code, **930**.

Reservations made after **6/19**, MUST be made by Marcy at the MAHO Office to get the group rate @ 614-798-1117.

